

# Introduction

The size, height, central location and natural amenities make Knox Mountain Park a landmark that is a highly desirable destination for residents and tourists alike.

The park supports numerous activities including but not limited to walking, running, hiking, pedal biking (road, cross country and downhill), tennis, disc golf, birding, nature appreciation, sightseeing, winter recreation and dogs on-leash.

The Knox Mountain Park Management Plan, endorsed by City Council in 2011, (see park projects at [kelowna.ca/cityprojects](http://kelowna.ca/cityprojects)), guides City staff in decisions affecting the park and informs the public on how they can help to achieve the park's strategic goals.

## Park Vision:

*"Knox Mountain Park reveals the wonder and diversity of the Okanagan landscape. It is a symbol of Kelowna, a place of unique and remarkable natural beauty within our city's park system, a place where nature is able to flourish and evolve. Residents and visitors participate in the life of the park, establishing healthy and sustainable relationships between themselves and the natural environment."*



# Recent Park History

**1874** Scottish immigrant Arthur Booth Knox acquires cattle range via crown grant. Knox, in turn, sells the land to the Okanagan Fruit and Land Company.

**1906** Land subsequently subdivided and resold into smaller parcels.

**1910** A family vault is constructed by Rembler Paul on the portion of parkland now known as Paul's Tomb.

**1912** Dr. Benjamin deFurlong Boyce, first doctor of Kelowna, purchases 190.82 acres that encompasses the mountain.

**1939** Dr. Boyce donates the land to the City for park for \$1.00.

**1958** First Knox Mountain Hill Climb event hosted.

**1967** Stanley M. Simpson establishes a trust fund for capital improvements in the park. Improvements include construction of a paved road and the first Pioneer Pavilion.

**1989** The City acquires Paul's Tomb properties.

**1990-92** Park expands to include the summit of Knox Mountain with development of the Magic Estates Subdivision.



**1999** The park advocacy group known as the Friends of Knox Mountain Park is formed.

**2002** The Simpson Trust Fund, in partnership with the City, provides funding to replace the original pavilion, and to construct a washroom building and caretaker's residence.

**2006** Park expands with the City purchase of the lands around the Kathleen Lake area.

**2010** Two City-owned parcels east of Grainger Road are dedicated as park by City Council to form Knox Mountain East.



(Kelowna #4179 Museum & Archives)



For more information:

**Emergency Services**  
911

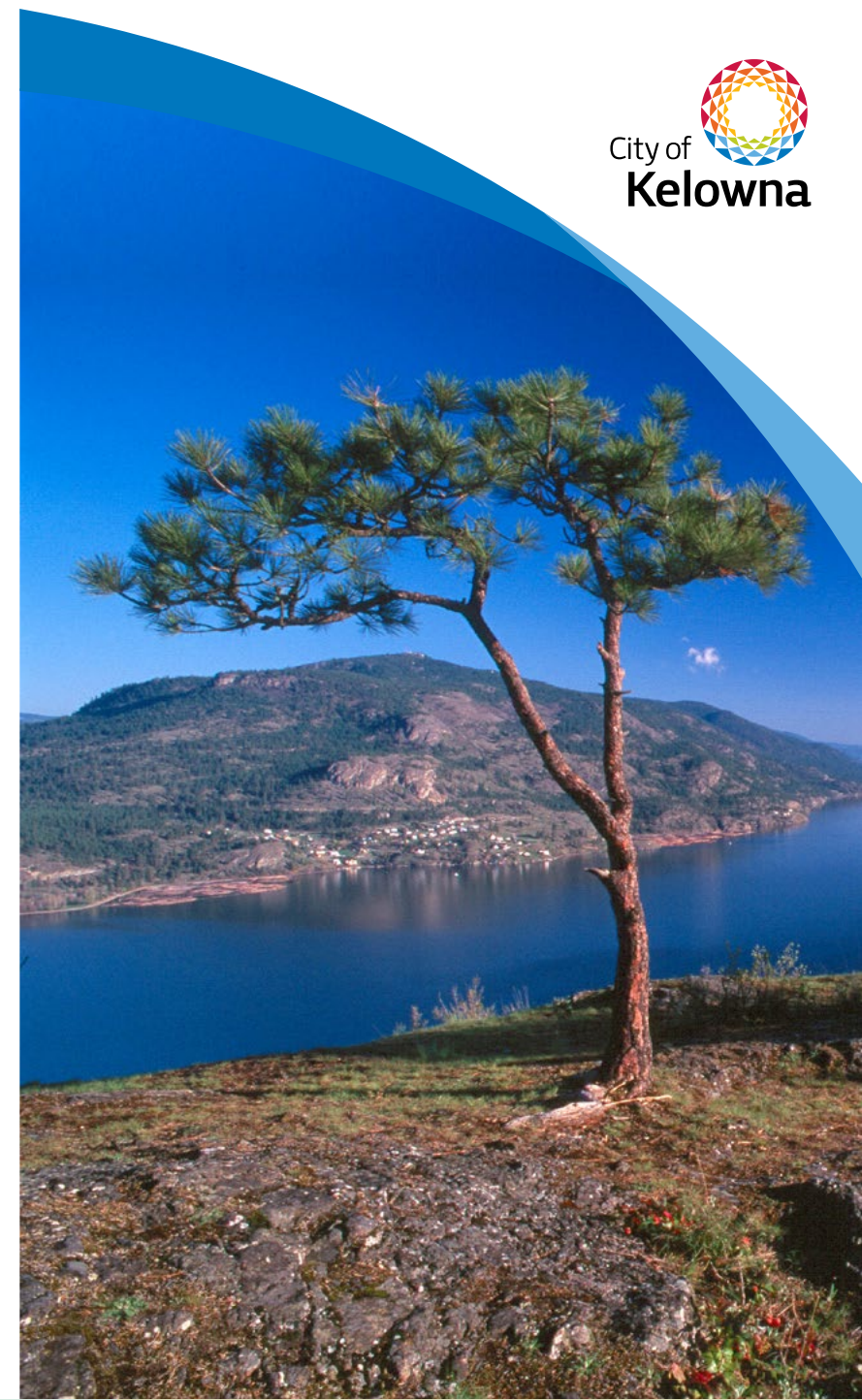
**City of Kelowna**  
Parks Services  
Parks Info Line  
TEL 250-71-PARKS  
8 a.m. to 3 p.m. M to F

Event Booking in Parks  
TEL 250 469-8853

[kelowna.ca/parks](http://kelowna.ca/parks)

Friends of Knox Mountain Park  
[knoxmountainpark.com](http://knoxmountainpark.com)

# Knox Mountain Park



# Interesting Facts



- Knox Mountain Park including Knox Mountain East is 310 ha (766 acres) in size.
- The main body of the park is the largest contiguous Natural Area Park within the City.
- The Knox Mountain summit rises 646 m above sea level and approximately 300 m above the level of Okanagan Lake.

- The park contains approximately 1365 lineal metres of waterfront most of which has been designated as high to critical Kokanee spawning habitat.

- "Levels", a public art piece by Judson Beaumont, was installed in 1986 approximately 50 m northwest of the lower parking area at the base of the silt bluffs. It was inspired by the popular song "Bridge Over Troubled Water" by Simon and Garfunkel.

- If park visitors look closely they will see that Paul's Tomb still exists. All but the very crest of the tomb has been concealed with earthen fill.

- Kathleen Lake is approximately 2 ha (5 acres) and is fed by underground and overland runoff. It provides critical nesting and foraging habitat for many invertebrates and mammals.

# Flora and Fauna

Knox Mountain Park contains several representative Okanagan ecosystems as it transitions from lakeshore to mountain top. These include riparian, wetland, Ponderosa Pine Bunch Grass, and dry Interior Douglas-fir. These ecosystems are fragile, dry and highly susceptible to erosion and degradation; therefore park visitors are encouraged to stay on designated trails.



Knox Mountain Park is home to Kelowna's official flower, the Arrowleaf Balsamorhiza or Okanagan Sunflower (*Balsamorhiza sagittata*). The bright yellow flowers carpet the south facing park slopes in late April or early May. First Nations used nearly all parts of this plant for food by steaming the roots and eating the young shoots and seeds.

Commonly encountered wildlife species include mammals such as mule deer, coyotes, marmots, chipmunks and occasionally moose and bear.

Several flora and fauna species which are listed on BC's rare or endangered species list can be found in the park including:

## Birds

- White Throated Swift
- Lewis' Woodpecker
- Great Blue Heron
- Flammulated Owl
- Swainson's Hawk
- Barn Swallow
- Olive-sided Fly Catcher

## Mammals

- Townsend's Big-eared Bat
- American Badger

## Reptiles

- Western Painted Turtle
- Western Yellow-bellied Racer
- Great Basin Gopher Snake
- Western Rattlesnake

## Plants

- Freckled Milk-vetch
- Richardson's Penstemon
- Slender Hawksbeard
- Okanagan Fame Flower



# Park Etiquette

To reduce conflict, all official trails have been designated for specific user groups. Bikes are permitted only on trails designated for biking or shared use. Hikers are permitted only on trails designated for hiking or shared use. (See park map on reverse.)

**Park users must stay on designated trails. Unsanctioned trails contribute to the overall degradation from which the park is slow to recover.**



## Trail Etiquette:

- Heavy Rain = Don't Ride or Hike – refrain from using until the trails dry out.
- Stay on designated trails - don't go around water bars, stairs or other structures as they help stabilize trails and minimize erosion.
- Cycle only on designated single use biking trails or shared use trails. Hike only on designated hiking trails or shared use trails.
- Enter the park only from sanctioned access points.
- Cyclists yield to hikers and dismount when approaching groups.
- Respect the environment.
- Ride...don't slide – control your bicycle to avoid eroding trails.
- Don't make new trails or technical trail features – it degrades the park and is prohibited.
- Take only photographs leave only footprints.
- Cyclists on road must obey posted speed limit.

# Dogs



Dogs are permitted in Knox Mountain Park only if they are on-leash, on trail and have a current dog license. The only exception is the designated off-leash dog park south of Knox Mountain Drive.

Keeping dogs on-leash and on trails helps to avoid injury to wildlife, impacts to environmentally sensitive areas and damage to Kokanee spawning habitat. It also helps to protect public health and safety.



## Dog Etiquette:

### On-leash:

- Pick up after your dog.
- Keep your dog under control at all times.
- Keep your dog on a leash of two metres or less in length.
- Stay on designated trails.

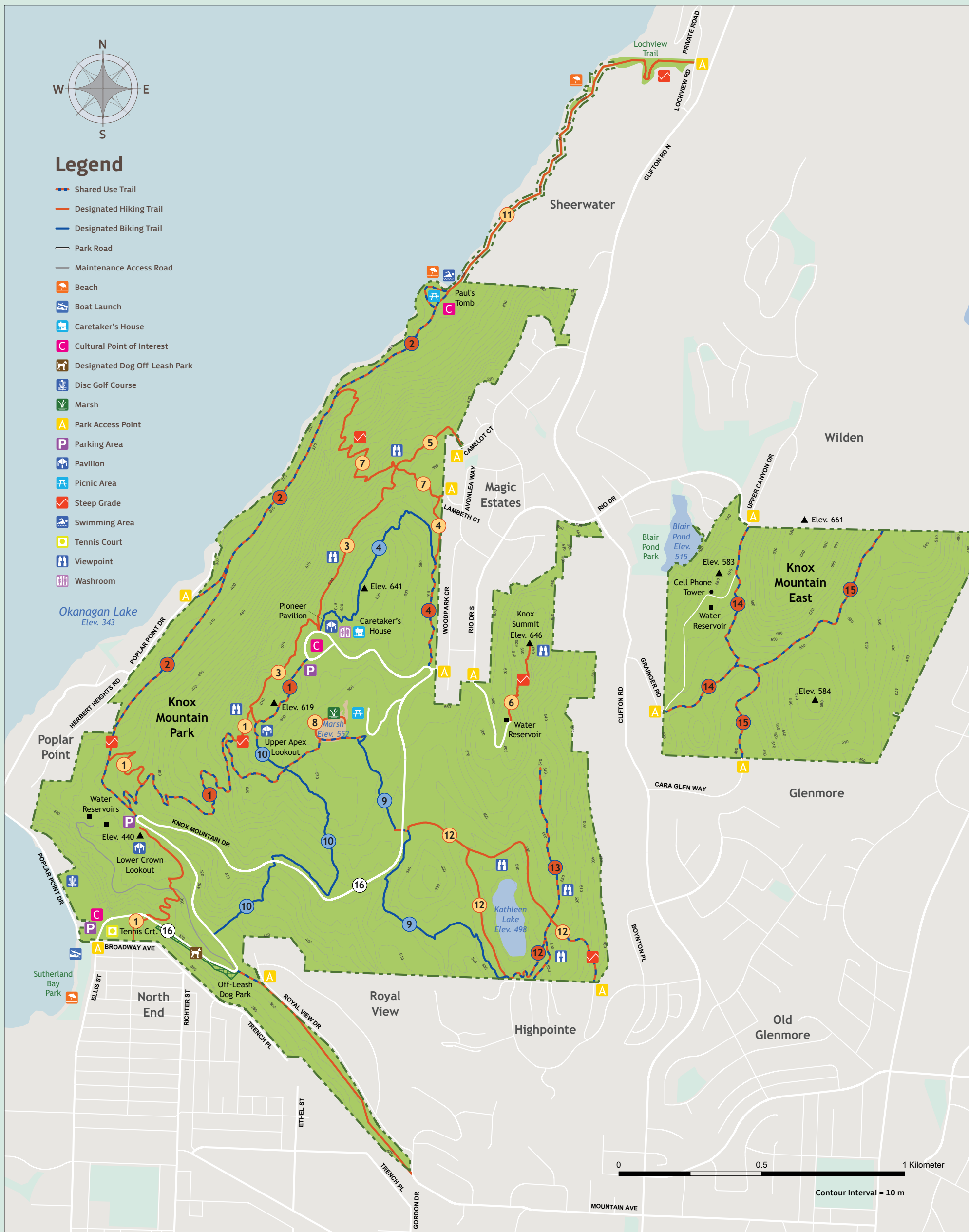
### Off-leash Dog Park:

- Pick up after your dog.
- Keep your dogs under control at all times.
- Remove your dog at the first sign of aggression.
- Make sure your dog wears a current dog license.
- Keep sick dogs at home.
- Keep dogs on-leash when entering and exiting the dog park.
- Keep leash length to a maximum of 2 m.
- Maximum of two dogs per handler.

# Knox Mountain Park

## Trail Information

Note: Trail difficulty ratings are for the trail in general and riders/hikers should be aware and expect sections with varying difficulty/terrain.



**1 Apex Trail**  
 Permitted Uses: Hiking, Shared Use with uphill cycling only  
 Total Length: 2,839 m  
 Time: 55 min. stroll one way, 25 min. ride uphill  
 Trail Difficulty Rating: More difficult

**2 Paul's Tomb Trail**  
 Permitted Uses: Shared Use  
 Total Length: 2,679 m  
 Time: 45 min. stroll one way, 30 min. ride one way  
 Trail Difficulty Rating: Varies - easy to more difficult  
 Comments: Cultural site with unsupervised swimming area

**3 Pavilion Trail**  
 Permitted Uses: Hiking  
 Total Length: 1,171 m  
 Time: 25 min. stroll one way  
 Trail Difficulty Rating: Easy  
 Comments: Great views of Okanagan Lake

**4 Magic Estates Trail**  
 Permitted Uses: Hiking, Biking, Shared Use, Cross Country Cycling  
 Total Length: 1,574 m  
 Time: 25 min. stroll one way, 15-20 min. ride  
 Trail Difficulty Rating: Hiking and shared use Cycling

**5 Camelot Trail**  
 Permitted Uses: Hiking  
 Total Length: 325 m  
 Time: 10 min. stroll one way  
 Trail Difficulty Rating: Easy

**6 Summit Trail**  
 Permitted Uses: Hiking  
 Total Length: 321 m  
 Time: 20 min. stroll one way  
 Trail Difficulty Rating: Most difficult  
 Comments: Premier viewpoint at summit

**7 Ogoogo Trail**  
 Permitted Uses: Hiking  
 Total Length: 1,046 m  
 Time: 30 min. stroll one way  
 Trail Difficulty Rating: Most difficult

**8 Boyce Trail**  
 Permitted Uses: Hiking, Shared Use  
 Total Length: 514 m  
 Time: 15 min. stroll one way  
 Trail Difficulty Rating: Easy  
 Comments: Trail loops around marsh

**9 Simpson Trail**  
 Permitted Uses: Biking  
 Total Length: 1,799 m  
 Time: 15 - 20 min. ride one way  
 Trail Difficulty Rating: Easy

**10 Shale Trail**  
 Permitted Uses: Biking  
 Total Length: 1,452 m  
 Time: 15 - 20 min. ride downhill  
 Trail Difficulty Rating: Most difficult  
 Comments: Lower section on road

**11 Lochview Trail**  
 Permitted Uses: Hiking  
 Total Length: 1,442 m  
 Time: 30 min. stroll one way  
 Trail Difficulty Rating: More difficult  
 Comments: Many timber crib stairs, great views

**12 Kathleen Lake Trail**  
 Permitted Uses: Hiking, Biking, Shared Use  
 Total Length: 2,081 m  
 Time: 30 min. stroll one way, 5 min. ride on shared use section  
 Trail Difficulty Rating: Varies - easy with more difficult  
 Comments: (steep section from Highpoint Development)

**13 Glenmore Ridge Trail**  
 Permitted Uses: Shared Use  
 Total Length: 554 m  
 Time: 20 min. stroll one way, 10 to 15 min. ride  
 Trail Difficulty Rating: More difficult  
 Comments: Views over Glenmore Valley

**14 Saddle Trail**  
 Permitted Uses: Shared Use  
 Total Length: 853 m  
 Time: 20 min. stroll one way, 10 min. ride  
 Trail Difficulty Rating: Easy

**15 Glenmore Highlands Trail**  
 Permitted Uses: Shared Use  
 Total Length: 1,157 m  
 Time: 30 min. stroll one way, 15 min. ride  
 Trail Difficulty Rating: Easy with some rocky sections

**16 Knox Mountain Drive**  
 Summer hours for vehicles: \*Mon. to Sat. 9:30 a.m. to 9:00 p.m. \*Noon to 9:00 p.m. on Sundays  
 Closed to vehicles in the winter  
 Permitted Uses: Shared use  
 Total Length: 3,800 m  
 Trail Difficulty Rating: More difficult  
 \* Subject to change without notice



## Park Regulations

- Park Hours: Open 6 a.m. to 10 p.m.
- Stay on designated trails
- Keep dogs on-leash and on the trail
- No camping
- No fires/No smoking
- Motorized vehicles permitted only on Knox Mountain Drive
- Skateboards prohibited on road when road is open to vehicles
- Cyclists on road must obey posted speed limit

## Emergency Contacts

Emergency Services Call 911  
 RCMP Non-Emergency 250-762-3300  
 24 hours  
 City of Kelowna  
 Parks Services: 250-71-PARKS 8 a.m. to 3 p.m. (M to F)  
 Bylaw Services: 250-469-8686 8 a.m. to 4 p.m. (M to F)  
 For more information about Knox Mountain Park or other City of Kelowna Parks: 250-71-PARKS or visit kelowna.ca/parks.